



Trip Idea: New England's Great Outdoors

New England has more than its fair share of year-round, all-season, outdoor adventure opportunities — there seems to be another thrilling experience around every corner. Here is a small sample of ideas to help build your New England adventure.

Trip ideas and itineraries are meant as suggestions only. They are intended as ideas and to highlight all there is to see and do in New England.

[Maine](#)

In Maine, you'll first enjoy a coastline adventure. In Portland, jump aboard a lobster boat cruise and learn about Maine's iconic lobster while enjoying scenic views of lighthouses and historic civil war forts; or take a guided sea kayaking tour for some more views. Continue up the coast and experience [Acadia National Park](#) near Bar Harbor. Catch the amazing sunrises or star-filled night skies atop of Cadillac Mountain or test your skills by rappelling down the park's cliffs. As you leave Maine, stop for a [whitewater rafting](#) adventure in the Kennebec Valley Region.

[New Hampshire](#)

Now it is time to head to New Hampshire's [White Mountain National Forest](#). This is the perfect spot for a choose-your-own-adventure day: hiking, biking, rock climbing or camping. Looking to view the national forest from a different perspective? Drive up the Mt. Washington Auto Road to see unbelievable views of the mountain vistas. Visiting in the winter? Reserve your seat in the Snowcoach, a 4-track, all-wheel-powered drive-train van that takes you into a "sub-arctic world" or board the snowcat and head to the summit. Head to an adventure park to [zip line](#) or try your skills on a ropes course.

[Massachusetts](#)

[The Berkshires](#) of western Massachusetts is next on your agenda. You'll find this region ideal for an adrenaline rush whether it's flying down a zip line, testing your skills on an aerial ropes course, whitewater rafting or tightening your seatbelt on one of North America's longest mountain coaster. Like heights? Go up, up and away in a [hot air balloon](#) ride above the Connecticut River and the Berkshire Mountains.

[Connecticut](#)

Spend the day aboard a historic whaler cruise after driving to New London, Connecticut. This windjammer cruise is the best way to take in all the sights of the beautiful Fishers Island Sound. While aboard, test out your sailing skills and help the crew raise the sails or take your turn at the wheel. About ten minutes away is [Mystic Seaport](#). This historic port is the nation's leading maritime museum, complete with interactive activities, exhibitions, planetarium, and sailing programs.

[Rhode Island](#)

Head to Rhode Island for some whale watching. There are several whale-watching cruises that head out into the Atlantic to search for these amazing animals in the [Stellwagen Bank National Marine Sanctuary](#). The Cliff Walk in Newport is a can't-miss attraction when visiting Rhode Island. Stroll, walk, or run along this winding path where you're surrounded by amazing views. While in [Newport](#), try your hand at parasailing for a bird's-eye view of

Narragansett Bay. Looking for an adventure to really get your heart racing? See Rhode Island from new heights as you skydive from 10,000 feet above.

[Vermont](#)

Vermont's forests come alive with activity year-round, from fat biking, cross-country skiing, and snowshoeing in the winter to mountain biking and hiking in the spring, summer, and fall, including the 272-mile Long Trail that connects the entire state. Soar through the treetops on ziplines at a handful of Vermont ski resorts, or swim, fish, or paddle at Lake Willoughby, Vermont's deepest lake, surrounded by dramatic fjord-like mountain views, or the 125-mile Lake Champlain, connecting Vermont to New York.

- Fishing, camping, hiking, or adventuring with an [outdoor guide](#) can help you get the most out of your trip.
- [Dog-friendly lodging](#) and a [beer trail](#) mean your four-legged friend can come, too.
- Extensive [mountain biking networks](#) connect historic downtowns through miles of single-track in lush forest.