



discover New England **CULINARY & ARTS: 14-Day Itinerary**

Be inspired by this six-state journey into New England's vibrant food and culture scenes, which promises to leave travelers feeling nourished in both body and spirit.

DAYS 1 & 2: BOSTON, MASSACHUSETTS

Learn more about visiting [Boston](#)

Lodging ideas: [Boston Marriott Copley Place](#), [Hilton Boston Park Plaza](#), [Studio Allston Hotel](#), [The Revolution Hotel](#)

Browse the intimate collection of art at the [Isabella Stewart Gardner Museum](#) before strolling over to the [Museum of Fine Arts](#), whose collection of 500,000 objects ranges from early colonial crafts (look for Paul Revere's 1768 Sons of Liberty Bowl) to world-famous masterpieces.

The food scene in Boston is equally rich and varied. Sample Old World flavors in Boston's North End with [Off the Eaten Path](#) or [Secret Food Tours](#), then taste what modern chefs and brewers are cooking up at the downtown food hall [High Street Place](#).

Start day two with a pilgrimage to the [original Dunkin Donuts](#), opened in Quincy in 1950. Then drive up to the North Shore to explore the artists' colony and shops of Rockport's [Bearskin Neck](#) and the [Peabody Essex Museum](#) in Salem, a city whose own culinary heritage is highlighted by [Salem Food Tours](#). For dinner, book a table at Boston's [Union Oyster House](#), the nation's oldest restaurant.

DAYS 3-5: RHODE ISLAND

Learn more about visiting [Rhode Island](#)

Lodging ideas: [Graduate Providence](#) (Providence), [Gardiner House](#) (Newport), [Hotel Viking](#) (Newport), [Ocean House](#) (Westerly), [Weekapaug Inn](#) (Westerly)

In Providence, discover dozens of outdoor murals and sculptures on [The Avenue Concept Public Art Tour](#), or dive into great local eats with [Rhode Island Red Food Tours](#), which operates in both Providence and Newport. Check out the first-class art collection at the [RISD Museum](#)—and if there's a [WaterFire](#) event scheduled, linger to witness this magical art installation of bonfires blazing on the river. For dinner, try the [Bristol Oyster Bar](#), a seafood favorite located 30 minutes south of Providence.

The next day, drive down to Newport and be dazzled by the historic estates of the [Newport Mansions](#). Alternatively, on select dates you can take a [Newport Secret Gardens Tour](#) to peek into manicured local yards. For an elegant break, sip cocktails on the lawn at [Castle Hill Inn](#) while planning dinner at [The Chanler at Cliff Walk](#) or the [White Horse Tavern](#).

Heading toward Connecticut, take a delicious detour to [Weekapaug Inn](#) for a lobster boil with firepit s'mores; or [Ocean House](#) for gourmet cooking lessons.

DAYS 6-8: CONNECTICUT

Learn more about visiting [Connecticut](#)

Lodging ideas: [The Blake Hotel](#) (New Haven), [The Goodwin Hotel](#) (Hartford), [Hartford Marriott Downtown](#) (Hartford), [New Haven Hotel](#) (New Haven), [Spark by Hilton](#) (Mystic), [The Whaler's Inn](#) (Mystic)

Begin exploring the [Connecticut Wine Trail](#) at Stonington's [Saltwater Farm Vineyard](#), then feast on local seafood at nearby [Abbott's Lobster in the Rough](#). For a culture hit, Ledyard is home to the world's largest Native American museum, the [Mashantucket Pequot Museum](#). In East Haddam, catch a show by [Goodspeed Musicals](#) at the Victorian-era [Goodspeed Opera House](#).

In New Haven, the [Yale Art Museum](#) and the [Yale Center for British Art](#) are musts for museum lovers, while architecture fans should beeline it to New Canaan to marvel at Philip Johnson's iconic [Glass House](#). Need refueling? Eat like a New Haven local at [Louie's Lunch](#), birthplace of the hamburger, or try New Haven-style pizza at [Sally's](#) or [Frank Pepe's](#).

Finally, it's off to Connecticut's capital city, Hartford. Step inside the nation's oldest continuously operating art museum, the [Wadsworth Atheneum](#), to browse works that span 5,000 years of human creativity. The cultural safari continues at Farmington's [Hill-Stead Museum](#) or the [New Britain Museum of Modern Art](#) before ending with dinner at Connecticut's first-ever food hall, [Parkville Market](#), a vibrant array of 20-plus local eateries and three bars.

DAYS 9 & 10: VERMONT

Learn more about visiting [Vermont](#)

Lodging ideas: [The Essex Resort & Spa](#) (Essex), [Hill Farm Inn](#) (Sunderland), [Hotel Vermont](#) (Burlington)

Start in Manchester with two sparkling cultural gems: [Hildene](#), the former estate of Abraham Lincoln's son Robert, and the [Southern Vermont Arts Center](#), home to the state's largest sculpture park and the reservations-only [curATE Café](#). For more casual dining, there's [Depot 62](#), a globally influenced furniture store and café—or go for farm-to-table elegance at [The Restaurant at Hill Farm](#).

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Dive into Burlington's beer scene with the experts at [Burlington Brew Tours](#), or go exploring beyond city limits: The [Essex Experience](#), the [Ben & Jerry's](#) factory, [Cold Hollow Cider Mill](#), and the [Barr Hill](#) distillery are all within an hour's drive.

That evening, plan to attend an [Adventure Dinner](#)—held at venues including farms, inns, and vineyards—or try a nationally acclaimed restaurant like [Hen of the Wood](#) or [Honey Road](#).

For the rest of the trip, let your interests guide you. See the folk art of Stephen Huneck at [Dog Mountain](#) or watch glassblowing artisans at [Simon Pearce](#). Visit Upper Green Mountains breweries on an “e-bike and brew tour” with [Lamoille Valley Bike Tours](#), or take a cooking class at [King Arthur Baking](#). And wherever you go in Vermont, bring maps for the [Vermont Cheese Trail](#) and the [Vermont Maple Creemee Trail](#), so you won't miss any opportunity to sample these signature Green Mountain State delicacies.

DAYS 11 & 12: NEW HAMPSHIRE

Learn more about visiting [New Hampshire](#)

Lodging ideas: [Ash Street Inn](#) (Manchester), [Bedford Village Inn](#) (Bedford), [The Centennial Hotel](#) (Concord), [Colby Hill Inn](#) (Henniker), [Hotel Concord](#) (Concord)

Not all the masterpieces at Manchester's [Currier Museum of Art](#) are in its galleries: It also owns the only two [Frank Lloyd Wright houses](#) in New England that the public can visit. After checking them out, refuel at the [Red Arrow Diner](#), enjoy a tasting at [LaBelle Winery](#), or visit [Gould Hill Farm](#) for fresh produce, hard cider, pizza, and live music. Cruise lovers may opt for a quick trip to the Lakes Region for the [Lake Winnepesaukee Dinner Cruise](#).

On day two, head into the countryside to [Parker's Maple Barn](#), a sugarhouse-restaurant in Mason, then swing by [Pickity Place](#), which offers a gourmet restaurant, English-style gardens, and an herb shop. On your way to Maine, leave time for a [Portsmouth Eats](#) restaurant tour in the foodie city of Portsmouth.

DAYS 13 & 14: MAINE

Learn more about visiting [Maine](#)

Lodging ideas: [AC Hotel](#) (Portland), [Anchorage by the Sea](#) (Ogunquit), [Residence Inn](#) (Portland), [The Wanderer Cottages](#) (Kennebunk)

Start with a seaside stroll on Ogunquit's [Marginal Way](#) to the art galleries and shops of [Perkins Cove](#). The [Maine Art Museum Trail](#), highlighting nine cultural landmarks, starts at the [Ogunquit Museum of American Art](#). Have lunch at Biddeford's [Palace Diner](#), but save room for what awaits in Portland—from Maine potato doughnuts at [The Holy Donut](#), to drinks and bites at a local brewery like [Bissell Brothers](#), to cuisine-hopping among the [Eastern Promenade food trucks](#).

On day two, take a walking tour led by [Maine Day Ventures](#) or hit the water with [Lucky Catch Cruises](#) or [Rugosa Lobster Tours](#) and learn all about Maine's famous crustacean. [The Maine Oyster Trail](#), meanwhile, leads to more than 70 places and experiences that celebrate local bivalves, including tours of farms such as [Basket Island Oyster Company](#), located right in Casco Bay.

FOOD SCAVENGER HUNT!

A sampler of signature New England treats, with our suggestions on where to try them.

Massachusetts: Boston cream pie ([Omni Parker House](#), Boston); cannoli ([Mike's Pastry](#), Boston)

Rhode Island: Johnny cakes ([Jigger's Diner](#), East Greenwich); [Del's Lemonade](#) (Colt State Park, Bristol)

Connecticut: White clam pizza ([Frank Pepe's](#), New Haven), carpetbaggers ([Match](#), South Norwalk)

Vermont: Vermont cheddar ([Grafton Village Cheese](#), Grafton), [Heady Topper beer](#) (The Alchemist, Stowe)

New Hampshire: Cider doughnuts ([Washburn's Windy Hill Orchard](#), Greenville), clam chowder (annual [Chowder Festival](#), Portsmouth)

Maine: Lobster rolls ([McLoons Lobster Shack](#), South Thomaston), Moxie soda (annual [Moxie Festival](#), Lisbon)

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